

**5K**

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Johnathan Dean		525	22	M	1 20-29	17:53.1
2	Eric Wicklund		703	24	M	2 20-29	17:53.1
3	Landon Woinarowicz		674	20	M	3 20-29	21:20.5
4	Jacob Vaagen		662	20	M	4 20-29	22:14.3
5	Heather Garlie		544	41	F	1 40-49	25:02.8
6	Phil Siek		640	40	M	1 40-49	25:15.5
7	Calli Larson		698	31	F	1 30-39	26:43.8
8	Dan Howard		564	56	M	1 50-59	27:19.6
9	Alyssa Gruchala		548	31	F	2 30-39	27:29.7
10	Lexie Woinarowicz		673	27	F	1 20-29	27:30.7
11	Joe Smith		644	27	M	5 20-29	27:32.5
12	Emma Smith		643	27	F	2 20-29	27:32.5
13	Andrew Inserra		697	26	M	6 20-29	27:32.9
14	Ralph Fiskness		540	73	M	1 60-94	27:49.4
15	John Williams		670	66	M	2 60-94	27:51.0
16	Nicholas Hetland		562	40	M	2 40-49	28:24.3
17	Caitlin Williams		671	29	F	3 20-29	29:04.2
18	Kristofer Sando		632	24	M	7 20-29	29:33.2
19	Bonny Hurley		566	54	F	1 50-59	29:35.4
20	Matt Hanson		695	24	M	8 20-29	29:53.8
21	Darlene Pich		618	57	F	2 50-59	30:17.7
22	Blaine Clark		696	51	M	2 50-59	30:24.1
23	Andrew Aamot		687	53	M	3 50-59	31:08.4
24	Katie Baer		495	36	F	3 30-39	31:18.6
25	Erica Jost		569	40	F	2 40-49	31:22.1
26	Greg Schake		633	43	M	3 40-49	31:36.1
27	Meghan Pegel		613	30	F	4 30-39	31:45.7
28	Kristopher Luneau		589	47	M	4 40-49	31:47.0
29	Janice Larson		584	60	F	1 60-94	32:07.5
30	Sarah Daniels		523	40	F	3 40-49	32:07.5
31	Geoffrey Anderson		706	36	M	1 30-39	32:10.4
32	Kalista Aamot		490	21	F	4 20-29	32:19.2
33	Staci Birrenkott		506	52	F	3 50-59	32:21.8
34	Dave Birrenkott		507	54	M	4 50-59	32:22.3
35	Rebecca Whatley		666	45	F	4 40-49	32:31.0
36	Jimmy Mathenge		598	45	M	5 40-49	32:34.7
37	Allison Demmer		526	42	F	5 40-49	32:39.7
38	Cathy Henry		559	44	F	6 40-49	33:07.4
39	Sammi Peterson		617	30	F	5 30-39	33:08.1
40	Sarah Olson		609	36	F	6 30-39	33:30.7
41	Jenika Rufer		629	26	F	5 20-29	33:40.9
42	Piper Delapoint		700	38	F	7 30-39	33:46.8
43	Alysha Baer		701	33	F	8 30-39	34:07.3
44	Jessica Gaylord		545	37	F	9 30-39	34:27.3
45	Jason Helmwowski		557	47	M	6 40-49	34:51.1
46	Heather Smith		642	43	F	7 40-49	35:10.8
47	Stephanie Ressler		623	36	F	10 30-39	35:18.1

Race Date  
March 18, 2023

St Pats 2023  
Overall Finish List

5K

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
48	Jacob Nystrom		608	41	M	7 40-49	35:25.3
49	Trisha Baker		496	41	F	8 40-49	36:38.7
50	Laura Thornten		710	37	F	11 30-39	36:56.7
51	Anna Brakke		511	23	F	6 20-29	37:20.7
52	Kate Birney		505	37	F	12 30-39	37:24.4
53	Mark Hagen		551	70	M	3 60-94	37:45.0
54	Megan Carlson		514	42	F	9 40-49	37:51.5
55	Chris Spieker		649	42	M	8 40-49	38:04.8
56	Tina Spieker		648	40	F	10 40-49	38:05.5
57	Landon Zeltinger		681	14	M	1 0-19	39:15.4
58	Shannon Brakke		512	47	F	11 40-49	39:21.7
59	Candace Foote		541	51	F	4 50-59	39:25.2
60	Angela Rice-Beckman		624	47	F	12 40-49	39:53.3
61	Rob Kupec		583	54	M	5 50-59	40:44.1
62	Laura Dronen		694	31	F	13 30-39	40:44.4
63	Douglas Zeltinger		682	44	M	9 40-49	42:09.9
64	Lauren Dusek		531	33	F	14 30-39	42:53.0
65	Chloe Whitten		668	26	F	7 20-29	43:03.3
66	Anthony Marucco		597	52	M	6 50-59	43:21.8
67	Kayla Gonser		689	35	F	15 30-39	44:03.6
68	Amy Minard		602	38	F	16 30-39	44:06.7
69	Doug Kostecki		702	33	M	2 30-39	44:38.5
70	Dakota Harmon		552	42	F	13 40-49	49:39.5
71	Vicki Ernst		537	48	F	14 40-49	49:40.2
72	Chris Hellerud		555	45	F	15 40-49	52:41.1
73	Karan Ambuehl		491	43	F	16 40-49	52:41.6
74	Jason Hellerud		556	45	M	10 40-49	52:42.3
75	Michelle Hestera		560	41	F	17 40-49	52:42.9
76	Shawn Eaton		533	54	M	7 50-59	54:53.0
77	Robertta Dubs		529	47	F	18 40-49	56:55.3
78	Megean Solberg		645	44	F	19 40-49	57:06.4